

ASSOPICON 2026 Award Paper Presentation

Presenting Day: Day 2, Wednesday, 07th October 2026

Sr. No.	Registration Status	Title	Presenting Author	Institution	Email Id	Abstract Title
1	Registered	Dr.	Kavitha Natarajan	Pondicherry Institute of Medical Sciences	kavitnraj@gmail.com	Randomized Controlled Trial on the Effect of Yoga on Anxiety Severity, Quality of Life, and Biomarkers in Individuals with Anxiety Disorder
2	Registered	Dr.	Anupama V Betigeri	MANAV RACHNA DENTAL COLLEGE,SDS,MRIIRS	banupama94@gmail.com	Knowledge and Utilization of Mouthguards Among University Athletes: A Cross-Sectional Study
3	Registered	Dr.	Usharani Moravineni	Gitams institute of medical sciences and research, Gitam University	ushaprasad6@gmail.com	Association of the TSHR Gene Intronic Single Nucleotide Polymorphism rs2268458 With Non autoimmune Hypothyroidism: A Hospital-Based Cross-Sectional Study
4	Registered	Dr.	Anjali Verma	SBKS Medical institute and research centre	anjali.jverma@gmail.com	Progressive Left Ventricular Remodeling and Diastolic Dysfunction Across BMI Categories Defined by WHO Asian BMI Cut-offs: A Cross-Sectional Echocardiographic Study
5	Registered	Dr.	Pravesh Kumar	Uttar Pradesh University of Medical Sciences, Saifai, Etawah	drpraveshkgmu@gmail.com	Association Between Anthropometric Indices and Serum Adiponectin Levels Among Young Adults-A Cross Sectional Study
6	Registered	Dr.	Anita Kumari	AIIMS Deoghar	anita.physiology@aiimsdeoghar.edu.in	Regional burden of Anemia among Adolescent girls in India: A systematic review and meta-analysis
7	Registered	Dr.	Manish Parihar	MBBS DR. SNMC JODHPUR MD SMSMC JAIPUR PGDSM NSNIS PATIALA (SPORTS PHYSICIAN)	dr.manishpariharmbbsmdpgdsmdmch@gmail.com	ANALYSIS OF VISIBLE SIGNS OF RIP CURRENTS IN ARABIAN SEA AT CALANGUTE & VAGATOR BEACH OF GOA
8	Registered	Dr.	Pramita Dubey	Dr. Ram Manohar Lohia Institute of Medical Sciences, Lucknow	pramita3107@gmail.com	Human Adaptive Architecture: Structural Organization of Seven Adaptive Domains Within an Integrated Systems Psychophysiology Framework in Apparently Healthy Young Adults
9	Registered	Dr.	Milind Abhimanyu Nisargandha	SUNDERLAL PATWA GOVERNMENT MEDICAL COLLEGE MANDSAUR MP	manisargandha@gmail.com	Molecular mechanisms underlying the nephroprotective effects of Filago hrdwarica STZ-induced diabetic rats: Role of IGF-1/IL10 pathways
10	Registered	Dr.	Shweta Dadarao Parve	MGACH& RC,DMIHER	drshwetaparve@gmail.com	Ayurvedic Management of Plaque Psoriasis with Multimodal Ayurvedic Therapy- A Case Report
11	Registered	Dr.	Shweta Dadarao Parve	Mahatma Gandhi Ayurved College Hospital and Research Centre . DMIHER	drshwetaparve@gmail.com	Comparative Evaluation Of Effective Route Of Administration Of MASAM Oil In Vishwachi (Cervical Radiculopathy)
12	Registered	Dr.	Anne Varghese	MOSC Medical College	annesunil4@gmail.com	Association of Low-Stakes Quiz-Based Learning with Academic Performance in First-Year Medical Physiology: A Retrospective Cohort Study
13	Registered	Dr.	Manju Lata	All India Institute of Medical Sciences Patna	dr.manju11662@aiimspatna.org	Preliminary feasibility of non-invasive breath-based glucose estimation compared with capillary glucose measurement: a cross-sectional pilot study
14	Registered	Dr.	Fairy Panchal	GCS Medical College, Hospital & Research Centre	fairypanchal@gmail.com	Digital Physiology and Artificial Intelligence: Transforming Evidence Generation

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15	Registered	Dr.	Manju Lata	All India Institute of Medical Sciences Patna	dr.manju11662@aiimspatna.org	Integrated Electrocardiography-Heart Rate Variability (ECG-HRV) Analysis in Neurologically Symptomatic Individuals Without Cardiac Symptoms: A Data-Driven Retrospective Observational Study of Electrocardiographic-Autonomic Associations

The presentation hall and time slots will be confirmed in the final scientific programme.