

ASSOPICON 2026 FreePaper Presentation

Presenting Day: Day 3, Thursday, 08th October 2026

Sr. No.	Registration Status	Title	Presenting Author	Institution	Email Id	Abstract Title
1	Registered	Dr.	Ayushi Parmar	AIIMS	ayushiparmar1098@gmail.com	Comparative Effects of Eccentric and Concentric Resistance Training on Blood Pressure and Cardiac Autonomic Function: A Randomized Controlled Trial
2	Registered	Dr.	Narendra Kumar Verma	Pacific institute of medical sciences (SAI TIRUPATI UNIVERSITY) Udaipur	vdrnarendra@gmail.com	Baseline Cardiorespiratory Fitness, Hemodynamic and Metabolic Characteristics in Prehypertensive Young Adults: A Cross-Sectional Study
3	Registered	Dr.	Chittepu Bhargava Moulishwara Reddy	AIIMS Mangalagiri	bhargava.chittepu@gmail.com	Comparison Of Quantitative Electroencephalographic Absolute Power Spectral Densities Between Patients With Schizophrenia And Moderate Depressive Disorder
4	Registered	Dr.	Ishitayearmin	Govt medical college ALWAR	ishayasmin@gmail.com	The effects of menstrual cycle related pain on cognitive performance in healthy young girls
5	Registered	Dr.	Shivangi Chauhan	All India Institute of Medical Sciences, Raebareli	shivangiqc123@gmail.com	Autonomic Nervous System Response to Indian Classical Music in Patients with Anxiety: A Heart Rate Variability Analysis
6	Registered	Dr.	Chingangbam Roni Leima	JSS Medical College	cronileima@gmail.com	Evaluating the interplay between sleep architecture, nutritional intake and circadian rhythms in shift workers in 20 to 40 years
7	Registered	Dr.	Kanishka Verma	Sri Guru Ram Das Institute of Medical Sciences and Research	drkanishkapreetyverma@gmail.com	Triglyceride-Glucose Index Outperforms Conventional Insulin Resistance Markers in Predicting Resistant Hypertension and Cardiometabolic Risk Clustering: A Cross-Sectional Multi-centric Study
8	Registered	Dr.	M R Chandhanaa	JSS Medical College	outlook.mr7@gmail.com	Association of Chronotype with Daytime Sleepiness in Women with Polyendocrine Metabolic Ovarian Syndrome(PMOS).
9	Registered	Dr.	Semeera K P	AIIMS Mangalagiri	semeerakp25@gmail.com	Establishing Normative Reference Values for Nerve Conduction Studies of Median, Ulnar, Radial, Tibial, Peroneal and Sural nerves among a Sample of Indian Population
10	Registered	Dr.	Manisha Shah	Smt. NHL Municipal Medical College, Ahmedabad	shahmanisha340@gmail.com	COMPARISON OF AUDITORY FUNCTION IN PRETERM NEONATES AND FULL TERM NEONATES USING OTOACOUSTIC EMISSIONS
11	Registered	Dr.	Ambrin Zenab	RUHS College of Medical Sciences	zainabambreen95@gmail.com	Integrated Electrophysiological Assessment of Neural Function in Type 2 Diabetes Mellitus at RUHS College of Medical Sciences

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Sr. No.	Registration Status	Title	Presenting Author	Institution	Email Id	Abstract Title
12	Registered	Dr.	Anju Meghna	JSS Medical College	meghnaanju6@gmail.com	Temporal Evolution of Motor Performance During Repeated Knee Extension in Individuals With Paraplegia: An Inertial Sensor-Based Kinematic Analysis
13	Registered	Dr.	Arpita Shukla	SGT Medical college, Gurugram, Haryana	arpitashukla259@gmail.com	Effect of Structured Yoga on Heart Rate Variability and Lipid Profile in Healthy Young Individuals.
14	Registered	Dr.	Keyur Upadhyay	Dr Laxmi Narayan Pandey Government Medical College Ratlam	keyurtheboss@gmail.com	An Analytical Cross-Sectional Study Assessing Auditory and Visual Reaction Times Across Screen Exposure Duration Groups Among School-Going Students Aged 10–16 Years
15	Registered	Ms.	Kismat Singla	Geetanjali Medical College & Hospital, Udaipur	kismatsingla2005@gmail.com	Association of Behavioral Determinants with Cardiovascular Risk Assessed Using the WHO CVD Risk Calculator among Adults
16	Registered	Dr.	Vanshika Sharma	S.M.S. MEDICAL COLLEGE , JAIPUR	vanshikasharma3790@gmail.com	Cardiovascular Autonomic Dysfunction in Migraine: A Comparative Study Using Autonomic Function Tests
17	Registered	Dr.	Shubhendu Shubham	PATNA MEDICAL COLLEGE,PATNA	SHU9435@gmail.com	A Comparative Study of Age-Related Variation in Intraocular Pressure and Blood Pressure in and Around Patna
18	Registered	Dr.	Kanchan	Jhalawar Medical College, Jhalawar	dr.kanchan2208@gmail.com	Types of Anemia Based on Cell Morphology-A Study Done in Geriatric Population At Jhalawar Medical College, Jhalawar
19	Registered	Dr.	Binsha Nawaz Beigh	GMC srinagar	binshabeigh@icloud.com	“Correlation of Pittsburgh Sleep Quality Index (PSQI) and COPD Assessment Test (CAT) Scores with Pulmonary Function Test Parameters in Stable COPD Patients among Kashmiri Adult Population: A Cross-Sectional Study.”
20	Registered	Dr.	Ragini Shrivastava	AIIMS, Bhopal	ragini.physiology@aiimsbhopal.edu.in	Comparison of effect of Yoga and Integrated Yoga and Naturopathy on Sleep Quality, Anxiety and quality of life in Polyendocrine Metabolic Ovarian Syndrome (PMOS).
21	Registered	Dr.	Mamta Rathore	Pacific Medical College And Hospital	rajawatmamta12@gmail.com	The Study of Levels Of Homocysteine And Lipid Profile Among Smokers And Non-Smokers in Southern part of Rajasthan
22	Registered	Dr.	Saroj Chaudhary	SMS Medical College and Hospital	saroj030201@gmail.com	Assessing autonomic nervous system activity by Heart Rate Variability and Blood pressure variability in Gastroesophageal Reflux Disease

The presentation hall and time slots will be confirmed in the final scientific programme.