

ASSOPICON 2026 Poster Presentation

Presenting Day: Day 3, Thursday, 08th October 2026

Sr. No.	Assigned Poster Code	Registration Status	Title	Presenting Author	Institution	Email Id	Abstract Title
1	PO-51	Registered	Dr.	Ayushi Parmar	AIIMS	ayushiparmar1098@gmail.com	Beyond the Classical Syndrome: Quantitative Cardioautonomic Profiling in Wolfram Spectrum Disorder — A Case Report from Western India
2	PO-52	Registered	Dr.	Priyadarshini V	AIIMS Jammu	vetryveldevi2018@gmail.com	Lifestyle modification improves cardiac autonomic function in obese women with Polycystic Ovarian Syndrome: Evidence from a prospective interventional study
3	PO-53	Registered	Dr.	Indrajeet Singh Mrichanna	Department of Physiology, All India Institute of Medical Science	indrajeet.mrichanna468.ism@gmail.com	Comparative Assessment of Cardio-Metabolic and Pulmonary Health in Particularly Vulnerable Tribal Groups and Urban Adults in Chhattisgarh
4	PO-54	Registered	Dr.	Deepti Chauhan	All India Institute of Medical Sciences	chauhandeeptidc98@gmail.com	Effect of Emotional Stability on Working Memory Performance, Mind-Wandering, and Daydreaming Styles in Young Adults with Introverted Profiles
5	PO-55	Registered	Dr.	Manish Gehani	Smt B. K. Shah Medical Institute & Research Centre, Sumandeep Vidyapeeth, Vadodara	dr.manishgehani@gmail.com	Physiological signatures and aetiological insights from audiometric phenotypes of paediatric sensorineural hearing loss: A tertiary centre descriptive cross-sectional study
6	PO-56	Registered	Dr.	Nitish Pandya	Smt. B. K. Shah Medical Institute & Research Centre, Sumandeep Vidyapeeth, Vadodara	nitish.pandya@sumandeepvidyapeethdu.edu.in	Physiology of third trimester anemia: A facility-based descriptive cross-sectional study
7	PO-57	Registered	Dr.	Vedshri Patel	Smt. B. K. Shah Medical Institute & Research Centre, Sumandeep Vidyapeeth, Vadodara	vedshripatel@gmail.com	Maternal physiology and inter-generational transmission of sickle cell gene: A tertiary centre high-performance liquid chromatography-based selective screening study
8	PO-58	Registered	Dr.	Disha Solanki	GMC bhavnagar	sdisha805@gmail.com	Efeect of 30minute meditation on SMS scale
9	PO-59	Registered	Dr.	Kanishka Verma	Sri Guru Ram Das Institute of Medical Sciences and Research	drkanishkapreetyverma@gmail.com	Mind-Wandering and Attentional Control as Behavioural Correlates of Cognitive Failures Among Medical Trainees: A Questionnaire Based Study
10	PO-60	Registered	Dr.	Rakshita Vithalkumar Betigeri	Srinivas Institute of Medical Sciences and Research Center	brakshita10@gmail.com	Association of ABO Blood Groups with Body Mass Index, Ponderal Index, Broca's Index and Corpulence Index: A Cross-Sectional Study
11	PO-61	Registered	Dr.	Himanshu Mourya	JLN MEDICAL COLLEGE AND HOSPITAL	himanshumourya2014@gmail.com	THE ASSOCIATION BETWEEN REAL LIFE MOBILE PHONE USE AND COGNITIVE PERFORMANCE, HEALTH RELATED QUALITY OF LIFE AND SLEEP AMONG YOUNG ADULTS
12	PO-62	Registered	Dr.	Dhvani Dobaria	Pramukhswami medical college, Karamsad	djdobaria410@gmail.com	Effect of Kangaroo Mother Care on Heart Rate Variability in Preterm Neonates: A Before-and-After Observational Study
13	PO-63	Registered	Dr.	Hepee Patel	Pramukhswami Medical College, Bhaikaka University, Karamsad	happypatel16796@gmail.com	Comparison of Body Composition and Autonomic Function between Female Manual Labourers and Sedentary Controls in Anand District, Gujarat

ASSOPICON 2026 Poster Presentation

Presenting Day: Day 3, Thursday, 08th October 2026

Sr. No.	Assigned Poster Code	Registration Status	Title	Presenting Author	Institution	Email Id	Abstract Title
14	PO-64	Registered	Dr.	Sanyukta Shinde	Lokmanyatilak Medical College and Sion General Hospital	dr.sanyuktashinde1706@gmail.com	Association Between Preoperative Anxiety and Heart Rate Variability: A Cross-Sectional Study in Surgical Patients
15	PO-65	Registered	Dr.	Aishwarya Mishra	KALINGA INSTITUTE OF MEDICAL SCIENCES	richieash64@gmail.com	ALTERED AUTONOMIC REGULATION IN FIBROMYALGIA: INSIGHTS FROM HEART RATE VARIABILITY AND AUTONOMIC FUNCTION TESTING
16	PO-66	Registered	Dr.	Purnima Bohare	All India Institute of Medical Sciences,Rajkot	purnibohare1999@gmail.com	Beyond Body Mass Index: Hidden Cellular and Skeletal Muscle Dysfunction in Newly Diagnosed Type 2 Diabetes Revealed by Phase Angle and Hand Grip Strength
17	PO-67	Registered	Dr.	Siddharth Gore	AIIMS RAIPUR	siddharthgore20101999@gmail.com	Correlation of Carotid–Femoral Pulse Wave Velocity with Various Obesity Parameters in Apparently Healthy Overweight and Obese Male Adults
18	PO-68	Registered	Dr.	Simran Lalwani	All India Institute of Medical Sciences, New Delhi	simran.lalwani73@gmail.com	Effects of Yoga-Based Lifestyle Intervention on Pain, Cognitive, and Ageing in Obesity with Co-Morbid Depression: A Randomized Controlled Trial
19	PO-69	Registered	Dr.	Snehal Tayade	GOVERNMENT MEDICAL COLLEGE AKOLA.	tayade900@gmail.com	Association Between Generative Artificial Intelligence Usage, Objective Structured Practical Examination Performance, and Student Confidence Among First-Year Medical Student
20	PO-70	Registered	Dr.	Juhi Tiwari	Pramukhswami Medical College	juhijtiwari2002@gmail.com	Comparative Assessment of Body Composition in Male and Female Chronic Kidney Disease Patients on Maintenance Dialysis
21	PO-71	Registered	Dr.	Sutirtha Ghosh	AIIMS, New Delhi	aamisutirtha@gmail.com	Pre-movement EEG dynamics as a reflective indicator of movement planning and preparation in a loading-unloading task
22	PO-72	Registered	Dr.	Sudhir Kumar	Goverment medical college and hospital bettiah west champaran bihar	drsudhir06@gmail.com	Association Between Lifestyle Regularity and Physiological Age Indicators in Young Adults
23	PO-73	Registered	Dr.	Jyoti Lal Ram	Goverment medical college and hospital bettiah west champaran bihar	jyotilal110496@gmail.com	Relationship Between Daily Behavioural Rhythms and Physiological Stress Recovery in Young Adults
24	PO-74	Registered	Dr.	Krishnakant	GOVERNMENT MEDICAL COLLEGE,BETTIAH	sonurodrex83@gmail.com	Effect of Irregular Meal Timing on Post-Prandial Heart Rate and Blood Pressure Variability
25	PO-75	Registered	Dr.	Vaibhav Katyayan	BMIMS, Pawapuri	vaibhavkatyayan@gmail.com	Effect of six weeks yoga training on physical fitness and aerobic capacity in healthy individuals
26	PO-76	Registered	Dr.	Tushar Ameta	RNT MEDICAL COLLEGE UDAIPUR	tusharameta9997@gmail.com	EFFECTS OF PRANAYAMA ON PULMONARY FUNCTIONS IN YOUNG HEALTHY UNDERGRADUATE MEDICAL STUDENTS: A SINGLE ARM- EXPERIMENTAL STUDY
27	PO-77	Registered	Dr.	Ashwathreddy	AIIMS Jodhpur	ashwathramanujan@gmail.com	Effect of White versus Black Backgrounds on Heart Rate Variability during Stroop Task

ASSOPICON 2026 Poster Presentation

Presenting Day: Day 3, Thursday, 08th October 2026

Sr. No.	Assigned Poster Code	Registration Status	Title	Presenting Author	Institution	Email Id	Abstract Title
28	PO-78	Registered	Ms.	Kismat Singla	Geetanjali Medical College & Hospital, Udaipur	kismatsingla2005@gmail.com	Association of Loneliness with Sleep Quality among the Geriatric Population
29	PO-79	Registered	Ms.	Shalini Sharma	Pacific institute of medical sciences,Udaipur	shalinisoni13@gmail.com	Title- Association of Thyroid Dysfunction with Body Mass Index and Lipid Profile: A Cross-Sectional Observational Study
30	PO-80	Registered	Dr.	D Rama Venkata Manoj Kumar	All India Institute of Medical Sciences	dr.ramindia007@gmail.com	Evaluation of effect of aluminium on Heart Rate Variability of Female Wistar rats
31	PO-81	Registered	Dr.	Saurabh Kumar Jangid	JLN MEDICAL COLLEGE AJMER	jangidsaurabhkumar@gmail.com	ASSESSMENT OF CARDIOVASCULAR RISK IN POSTMENOPAUSAL WOMEN BASED ON VARIOUS LIFESTYLE VARIABLES
32	PO-82	Registered	Dr.	Pooja Choudhary	Jhalawar medical collage, Jhalawar	dr.poojamangawa@gmail.com	The Impact of Yoga on Gastrointestinal Physiology, Motility & Symptoms Management in medical students of Jhalawar medical College
33	PO-83	Registered	Dr.	Chhavi Sharma	Jawaharlal Nehru medical college	sharmachhavi87@yahoo.com	Bioavailability, Tissue Tropism and Therapeutic Efficacy of Magnesium Formulations in Clinical Physiology : A Narrative Review
34	PO-84	Registered	Dr.	Manoj Kumar	Jawahar Lal Nehru Medical College, Ajmer	manojgathala@gmail.com	A Comparative Study to Assess the Association of BMI with Breath Holding Time and 6MWD in Healthy Adults
35	PO-85	Registered	Dr.	Manisha Meena	Jawahar Lal Nehru Medical College, Ajmer	manishameena301296@gmail.com	Correlation of Red Cell Distribution Width and Erythrocyte Indices with Autonomic Modulation in Females with Iron Deficiency Anemia
36	PO-86	Registered	Dr.	Bhola Ram Gurjar	Jawahar Lal Nehru Medical College, Ajmer	b.gurjar1988@gmail.com	Effect of Om Chanting on Cardiovascular, Respiratory, and Psychological Parameters: A Comprehensive Physiological Assessment
37	PO-87	Registered	Dr.	Mahesh Kumar	Jhalawar medical collage Jhalawar	maheshkumarparihar310@gmail.com	Physiological consequences of smartphone use before sleep:An Emerging Lifestyle concern
38	PO-88	Registered	Dr.	Vinod Kumar	Jawahar Lal Nehru Medical College, Ajmer	missjashwin068@gmail.com	The Effects of sleep deprivation on HRV and blood pressure in Indian college students
39	PO-89	Registered	Dr.	Manisha Kumari	Rnt medical college Udaipur	manishadindor30@gmail.com	A Cross-sectional study on Evaluation of functional capacity,cardiorespiratory health using six minute walk test,peak Expiratory flow rate and oxygen saturation in undergraduate medical students
40	PO-90	Registered	Dr.	Arjun Pargi	RNT medical college	arjunpargi737@gmail.com	Correlation of Six-Minute Walk Distance with Spirometric Parameters in Smokers and Non-Smokers with COPD
41	PO-91	Registered	Dr.	Kamlesh Kumar Vaghana	RNT medical college udaipur	kamleshvaghana@gmail.com	Body Mass Index and Its Relation to Autonomic Modulation Assessed by Heart Rate Variability During Pre and Post Exercise Period
42	PO-92	Registered	Dr.	Kistur Mal	Jawahar Lal Nehru Medical College, Ajmer	drkisturburdak23@gmail.com	Effect of Smoking on Hormone and Physiological Parameters
43	PO-93	Registered	Dr.	Shival Srivastav	All India Institute of Medical Sciences	drshival@gmail.com	A comparison of cardiac autonomic tone metrics derived using electrocardiography and photoplethysmography signals in health adults
44	PO-94	Registered	Dr.	Bhagvatiben Pragjibhai Kalsariya	Government medical college, Bhavnagar	bhagvatikalsariya579@gmail.com	Impact on Mental Health of Students Writing Gratitude Journal for More Than 90 Days

ASSOPICON 2026 Poster Presentation

Presenting Day: Day 3, Thursday, 08th October 2026

Sr. No.	Assigned Poster Code	Registration Status	Title	Presenting Author	Institution	Email Id	Abstract Title
45	PO-95	Registered	Dr.	Lalkhumi Chawngthu	LADY HARDINGE MEDICAL COLLEGE	lkichawngthu15@gmail.com	AUTONOMIC FUNCTION TEST IN THE INTERICTAL PHASE OF EPILEPSY USING HRV
46	PO-96	Registered	Dr.	Priyanka Bhartiya	Lady Hardinge Medical College	priyankabhartiya10@gmail.com	Assessment of Pulmonary Function in patients with migraine
47	PO-97	Registered	Dr.	Suhail Aziz	MAHARAJA SUHEL DEV AUTONOMOUS STATE MEDICAL COLLEGE, BAHRAICH, UTTAR PRADESH	suhail31594@gmail.com	Pulmonary Function Tests in Brick Factory Workers in North-Eastern Uttar Pradesh: A Cross-Sectional Study
48	PO-98	Registered	Dr.	Narendra Kumar Verma	SAI TIRUPATI UNIVERSITY	vdrnarendra@gmail.com	"Cardiorespiratory Fitness Assessment: An Overview of Exercise Testing and Performance Evaluation"
49	PO-99	Registered	Dr.	Himanshu Mourya	Jawahar Lal Nehru Medical College Ajmer	himanshumourya2014@gmail.com	THE ASSOCIATION BETWEEN REAL-LIFE MOBILE PHONE USE AND COGNITIVE PERFORMANCE, HEALTH-RELATED QUALITY OF LIFE, AND SLEEP AMONG YOUNG ADULTS
50	PO-100	Registered	Dr.	Surendra Choudhary	Jhalawar Medical College Jhalawar	drsuri234@gmail.com	Physical Activity and Perceived Stress: Insights from Human Neurophysiology in 100 medical students
51	PO-101	Registered	Dr.	Tushar Sant	Jhalawar Medical College Jhalawar	tushar111sant@gmail.com	Move to Thrive : Physiological Adaptations Linking Physical Activity and Metabolic Health in 100 Medical Students

The presentation hall and time slots will be confirmed in the final scientific programme.